13:Evans K-5 (ca. 1940) 1957
ER6 Rural Irish ER6

## FIXED FESTIVALS

Easter would take us away from our present subject but mention must be made of some of the folk practices connected with Shrove Tuesday, Ash Wednesday, Easter and Whitsuntide. Shrove Tuesday (Shraft) was a time for hunting the hare, and for feasting in preparation for Lent. A portion of the meat was not eaten but hung in the rafters. It was the great day of the year for marriages, and on that night tricks of many kinds were played on unmarried adults and on courting couples who had not fulfilled their promise. They were serenaded with horn-blowing; animals were tied to the doors of their houses, and cart wheels were rolled down hill. At Ardmore in Co. Waterford a piece of symbolic horseplay was performed by the young men on Ash Wednesday. A hollowed stone with a hole in the centre was the scene of the play. In the hole was stuck a wattle with a handful of tow tied to its top, and unmarried women were made to dance around the stone, holding the tow and spinning while they danced. 'The youths then terminated their amusements by dragging them through the village seated on old logs of wood.'[1]

Good Friday was an important day in the farmer's year, the luckiest day on which to begin the sowing of corn. There was an aversion to the use of iron and to the shedding of blood on Good Friday, which was a favourite day for visiting holy wells and the graves of the dead. Shell-fish were eaten, and visits to the shore were enlivened with games and horse-racing. On Easter Day the young folk would be up early in the morning to see the sun dance, and during the day vast quantities of eggs were consumed. The colouring and rolling of eggs are customs kept up by children in many districts. A special Easter Day dance, for which the prize was a large cake exhibited on a garlanded churn-staff, is popularly supposed to have given rise to the expression 'taking the cake', in the sense of beating all comers. If Easter was a lucky time, ominous superstitions attached to Whitsuntide, for example persons born at that time were supposed to have the evil eye, to be fated to die a violent death, or to take a life. A chicken would sometimes be killed in the hands of a Whitsun child to serve as a substitute slaughter. To cross water or go to sea at Whitsun was to invite death by drowning.

[1] E. Fitzgerald, *J.R.S.A.I.* (1856), 48.

16:Messenger E-4,5 (1955-1966) 1969 ER6 Rural Irish ER6
(1959-1960) Inis Beag



been blessed, to protect the beast from milk pilfering fairies and hag witches. Among the taboos associated with May Day are those prohibiting the visiting of wells before dawn and giving away fire; as regards the latter taboo, to do so is to "give away the luck of the farm" for a year. Flowers are placed on the altars of the two medieval churches in the early morning of May Day, and at one time garlands of flowers shaped like a horseshoe were hung on door posts for luck. Souls of the dead are especially feared on Allhallows' Eve, and are placated in the Catholic tradition a day later on the feast of All Souls. The telling of stories is tabooed on Allhallows' Day, and the fairies are said to spoil wild blackberries for future eating with their before dawn depredations. My wife and I invited in a small group of islanders to celebrate Halloween in 1959, and we spent much of the evening having our fortunes told by an old man as it was done on this night when he was a youth; he poured melted lead through a key handle into a pan of cold water and made his prognostications by interpreting the configurations formed by the quick hardening metal.

Whitsuntide is the week beginning with the feast of Pentecost, or Whitsunday, but in Inis Beag it extends to the feast of Corpus Christi and is known as the "kinkish time," when once again evil forces hold sway in the island. Usually the weather is "heavy and close" and very changeable, I was told, and people tend to be irritable and more depressed than usual. Men do not cut their hair, nor does anyone wash themselves, during these 12 days. Although the pookah is always a danger, it is more active at this time than during the rest of the year, and children and visitors are warned not to fall asleep outside or even to sit down on the ground unless accompanied by others, whose presence will thwart any attempts by the demon to twist their limbs. Some islanders will not undertake major tasks or decide on important issues during Whitsuntide. Whereas Christmas and Easter are considered "lucky times," the "kinkish time" is unlucky, and those born then may have the evil eye or be destined to die violently or take a life.

In 1960, Corpus Christi was celebrated June 16th—two days after pattern day and eight days before St. John's Eve. The latter is one of several midsummer celebrations reported from Ireland which mark the summer solstice. Boys gather wood and tend a huge bonfire lighted just after sunset on the common land of Inis Beag, and a few islanders carry coals from it to their homes and fields for protection and to guarantee the fertility of their wives and female livestock. A man complained to me that an infection in his son's finger was caused by the failure of the boy to procure a coal from the fire as instructed. On that evening, the folk congregate outside of their cottages and along the terrace roads to watch the hundreds of bonfires alight on the mainland coast. In the past, cows were driven between twin bonfires as at Beltaine, and barren women and those yet to marry leaped over the dying flames. One of the most brilliant satirical novels of Irish life—both cruel and insightful—is Tracy's *The Straight and Narrow Path*, the plot of which focuses on the difficulties encountered by a vacationing British anthropologist after he writes for a newspaper an eye witness account of nuns jumping a St. John's Eve bonfire.

The legends are several and varied in Ireland about the life of St. Martin (O Suilleabhain 1957:252–261). There is no saint of this name who is of Irish

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the world's societies. Sex never is discussed in the home when children are about; only three mothers admitted giving advice, briefly and incompletely, to their daughters. We were told that boys are better advised than girls, but that the former learn about sex informally from older boys and men and from observing animals. Most respondents who were questioned about sexual instructions given to youths expressed the belief that "after marriage nature takes its course," thus negating the need for anxiety-creating and embarrassing personal confrontation of parents and offspring. We were unable to discover any cases of childlessness based on sexual ignorance of spouses, as reported from other regions of peasant Ireland. Also, we were unable to discover knowledge of the sexual categories utilized by researchers in sex: insertion of tongue while kissing, male mouth on female breast, female hand on penis, cunnilingus, fellatio, femoral coitus, anal coitus, extramarital coitus, manifest homosexuality, sexual contact with animals, fetishism, and sado-masochistic behavior. Some of these activities may be practiced by particular individuals and couples; however, without a doubt they are deviant forms in Inis Beag, about which information is difficult to come by.

Menstruation and menopause arouse profound misgivings among women of the island, because few of them comprehend their physiological significance. My wife was called on to explain these processes more than any other phenomena related to sex. When they reach puberty, most girls are unprepared for the first menstrual flow and find the experience a traumatic one—especially when their mothers are unable to provide a satisfactory explanation for it. And it is commonly believed that the menopause can induce "madness"; in order to ward off this condition, some women have retired from life in their mid-forties and, in a few cases, have confined themselves to bed until death, years later. Others have so retired as a result of depressive and masochistic states. Yet the harbingers of "insanity" are simply the physical symptoms announcing the onset of menopause. In Inis Beag, these include severe headaches, hot flashes, faintness in crowds and enclosed places, and severe anxiety. Mental illness is also held to be inherited or caused by inbreeding (or by the Devil, by God punishing a sinner, or by malignant pagan beings) and stigmatizes the family of the afflicted. One old man came close to revealing what is probably the major cause of neuroses and psychoses in Ireland, when he explained the incarceration of an Inis Beag curate in a mental institution for clerics as caused by his constant association with a pretty housekeeper, who "drove him mad from frustration." This elder advocated that only plain-appearing older women (who would not "gab"